

Autumn/Winter Menu 2018



Week 1 Commencing 15.10.18, 05.11.18, 26.11.18, 17.12.18				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Beef Chilli with Jacket Potato</p> <p>Vegetarian Chilli with Jacket Potato</p> <p>ALLERGEN FREE: Beef Chilli OR Vegetable and Bean Chilli with Jacket Potato</p>	<p>Chicken Casserole with Broccoli</p> <p>Vegetable Casserole with Broccoli</p> <p>ALLERGEN FREE: Chicken Casserole OR Vegetable Casserole with Broccoli</p>	<p>Creamy Fish Pie topped with Carrot and Swede Mash and Green Beans</p> <p>Mixed Bean Pie topped with Carrot and Swede Mash and Green Beans</p> <p>ALLERGEN FREE: Mixed Bean Pie topped with Carrot and Swede Mash and Green Beans</p>	<p>Chicken Meatball Ragù with Rice</p> <p>Quorn Meatball Ragù with Rice</p> <p>ALLERGEN FREE: Chicken Ragù OR Vegetable Ragù with Rice</p>	<p>Sausage and Bean Hotpot with Mashed Potato</p> <p>Vegetarian Sausage and Bean Hotpot with Mashed Potato</p> <p>ALLERGEN FREE: Pork and Bean Hotpot OR Mixed Bean Hotpot with Mashed Potato</p>
Week 2 Commencing 22.10.18, 12.11.18, 03.12.18				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken and Vegetable Curry with Rice</p> <p>Vegetable Curry with Rice</p> <p>ALLERGEN FREE: Chicken and Vegetable Curry OR Vegetable Curry with Rice</p>	<p>Roast Beef Dinner with Yorkshire Pudding</p> <p>Roast Quorn Dinner with Yorkshire Pudding</p> <p>ALLERGEN FREE: Roast Beef Dinner OR Roast 'Veggie' Dinner</p>	<p>Shepherd's Pie</p> <p>Vegetarian Shepherd's Pie</p> <p>ALLERGEN FREE: Shepherd's Pie OR Vegetarian Shepherd's Pie</p>	<p>Sweet and Sour Chicken with Rice</p> <p>Chicken Style Strips Sweet and Sour with Rice</p> <p>ALLERGEN FREE: Sweet and Sour Chicken OR Sweet and Sour Vegetables with Rice</p>	<p>Breaded Cod Fish Fingers with Baked Beans and Mashed Potato</p> <p>Veggie Fingers with Baked Beans and Mashed Potato</p> <p>ALLERGEN FREE: Chicken Fillet OR Vegetable and Bean Burger with Baked Beans and Mashed Potato</p>
Week 3 Commencing 29.10.18, 19.11.18, 10.12.18				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Somerset Pork and Apple Casserole with Rice</p> <p>Meat Free Mince and Apple Casserole with Rice</p> <p>ALLERGEN FREE: Somerset Pork and Apple Casserole OR Vegetable and Apple Casserole with Rice</p>	<p>Chicken and Leek Pie with Mixed Vegetables</p> <p>Creamy Vegetable Bean and Leek Pie with Mixed Vegetables</p> <p>ALLERGEN FREE: Chicken and Leek Pie OR Potato and Leek Pie with Mixed Vegetables</p>	<p>Beef Lasagne</p> <p>Vegetarian Lasagne</p> <p>ALLERGEN FREE: Beef Lasagne OR Vegetable Lasagne</p>	<p>Breaded Fishcake with Potatoes in Parsley Butter, Peas and Sweetcorn</p> <p>Veggie Sausage with Potatoes in Parsley Butter, Peas and Sweetcorn</p> <p>ALLERGEN FREE: Vegetable and Bean Burger with Potatoes in Parsley Butter, Peas and Sweetcorn</p>	<p>Minted Lamb Hotpot</p> <p>Minted Meat Free Mince Hotpot</p> <p>ALLERGEN FREE: Minted Lamb Hotpot OR Minted Vegetable Hotpot</p>

Lunch Desserts: Berry Yoghurt, Fromage Frais, Moose, Bananas or Milkshake and Cake.

Morning Snack or Afternoon Snack: A mixed selection of fruit or vegetable sticks with milk or water.

Evening Snack: A selection of freshly made sandwiches with water or milk.