

Summer Menu 2019



Week 1 Commencing 29.04.19, 20.05.19, 10.06.19, 01.07.19, 22.07.19, 12.08.19, 02.09.19

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Ragu with Jacket Potato	Sweet and Sour Chicken with Rice	Macaroni Cheese with Peas and Sweetcorn	Fish Fingers with Mash Potato and Spaghetti Hoops	Summer Vegetables and Chicken Stew
Vegetable Ragu with Jacket Potato	Sweet and Sour Chicken Style Strips with Rice	Macaroni Cheese with Peas and Sweetcorn	Quorn Fishless Fingers with Mash Potato and Spaghetti Hoops	Summer Vegetables Stew
ALLERGEN FREE: Beef Ragu OR Vegetable Ragu with Jacket Potato	ALLERGEN FREE: Sweet and Sour Chicken OR Sweet and Sour Vegetables with Rice	ALLERGEN FREE: Macaroni Cheese with Peas and Sweetcorn	ALLERGEN FREE: Vegetable and Bean Burger with Mash Potato and Spaghetti Hoops	ALLERGEN FREE: Summer Vegetables and Chicken Stew OR Summer Vegetables Stew

Week 2 Commencing 06.05.19, 27.05.19, 17.06.19, 08.07.19, 29.07.19, 19.08.19, 09.09.19

Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Fishcakes with Baby Potatoes in Parsley Butter, Peas and Sweetcorn	BBQ Chicken and Mediterranean Vegetables with Rice	Cheesy Bean and Potato Pie	Beef Lasagne	Pork Meatball Ragu with Wedges
Vegetable Sausage with Baby Potatoes in Parsley Butter, Peas and Sweetcorn	BBQ Meat Free Chicken Style Strips and Mediterranean Vegetables with Rice	Cheesy Bean and Potato Pie	Vegetarian Lasagne	Quorn Meatball Ragu with Wedges
ALLERGEN FREE: Spinach and Falafel with Baby Potatoes in Parsley Butter, Peas and Sweetcorn	ALLERGEN FREE: BBQ Chicken and Mediterranean Vegetables OR BBQ Mixed Bean and Mediterranean Vegetables with Rice	ALLERGEN FREE: Cheesy Bean and Potato Pie	ALLERGEN FREE: Vegetarian Lasagne	ALLERGEN FREE: Pork Meatball Ragu with Wedges OR Vegetable Ragu with Free from Pasta

Week 3 Commencing 13.05.19, 03.06.19, 24.06.19, 15.07.19, 05.08.19, 26.08.19, 16.09.19

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Vegetable Curry with Rice	Slow Cooked Lamb and Vegetables with Carrot, Swede and Potato Mash	Beef Chilli Pasta Bake	Moroccan Pork with Rice	Fish Pie topped with Carrot and Swede Mash and Green Beans
Vegetable Curry with Rice	Slow Cooked Vegetables and Beans with Carrot, Swede and Potato Mash	Vegetarian Chilli Pasta Bake	Moroccan Meat Free Mince with Vegetables and Rice	Mixed Bean Pie topped with Carrot and Swede Mash and Green Beans
ALLERGEN FREE: Chicken and Vegetable Curry OR Vegetable Curry with Rice	ALLERGEN FREE: Slow Cooked Lamb and Vegetables OR Slow Cooked Vegetables and Beans with Carrot, Swede and Potato Mash	ALLERGEN FREE: Beef Chilli Pasta Bake OR Mixed Bean Chilli Pasta Bake	ALLERGEN FREE: Moroccan Pork with Rice OR Moroccan Mixed Vegetables with Rice	ALLERGEN FREE: Mixed Bean in Creamy White Sauce with Mashed Potato

Lunch Desserts: Yoghurt with Berries, Fromage Frais, Moose, Bananas, Milkshake and Cake.

Morning Snack or Afternoon Snack: A mixed selection of fruit or vegetable sticks with milk or water.

Evening Snack: A selection of freshly made sandwiches with water or milk.