

# Summer Term Menu 2022- Week 1



Week 1 Commencing 18.04.22, 09.05.22, 30.05.22, 20.06.22, 11.07.22, 01.08.22, 22.08.22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk
Morning Snack	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk
Lunch	Turkey Ragu and Jacket Potato  Vegetable Ragu and Jack Potato  ALLERGEN FREE: Turkey Ragu OR Vegetable Ragu and Jacket Potato	Vegetarian Cottage Pie  Vegetarian Cottage Pie  ALLERGEN FREE: Vegetable and Bean Cottage Pie	Beef Lasagne  Vegetarian Lasagne  ALLERGEN FREE: Beef OR Vegetable Lasagne	Fish Fingers, Mashed Potato with Peas and Sweetcorn  Quorn Fishless Fingers, Mashed Potato with Peas and Sweetcorn  ALLERGEN FREE: Vegetable and Bean Burger, Mashed Potato with Peas and Sweetcorn	Tomato and Basil Chicken with Broccoli  Tomato and Basil Chicken Style-Strips with Broccoli  ALLERGEN FREE: Tomato and Basil Chicken OR Tomato and Basil Veggie Meatballs with Broccoli
Dessert	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt
Afternoon Snack	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Satsumas or Bananas with Milk or Water  ALLERGEN FREE: Oat Milk
Evening Snack	Wholemeal Sandwiches with Houmous and Salmon Paste with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Houmous and Chicken with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Moroccan Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Ham with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)

# Summer Term Menu 2022- Week 2



Week 2 Commencing 25.04.22, 16.05.22, 06.06.22, 27.06.22, 18.07.22, 08.08.22, 29.08.22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk
Morning Snack	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk
Lunch	Fishcake, Potato Croquettes and Baked Beans  Veggie Cake, Potato Croquettes and Baked Beans  ALLERGEN FREE: Spinach and Falafel Burger, Mashed Potato and Baked Beans	BBQ Chicken and Mediterranean Vegetables with Rice  BBQ Meat Free Chicken Style-Strips and Mediterranean Vegetables with Rice  ALLERGEN FREE: BBQ Chicken and Mediterranean Vegetables OR BBQ Mixed Bean and Mediterranean Vegetables with Rice	Cheesy Bean and Potato Pie  Cheesy Bean and Potato Pie  ALLERGEN FREE: Cheesy Bean and Potato Pie	Turkey Bolognaise Bake  Meat Free Mince Bolognaise Bake  ALLERGEN FREE: Turkey Bolognaise Bake OR Mixed Bean Bolognaise Bake	Chicken Korma and Naan Bread  Quorn Chicken Style Korma and Naan Bread  ALLERGEN FREE: Katsu Curry with Rice OR Katsu Vegetable Curry with Rice
Dessert	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt
Afternoon Snack	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Satsumas or Bananas with Milk or Water  ALLERGEN FREE: Oat Milk
Evening Snack	Wholemeal Sandwiches with Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Houmous and Ham with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Salmon Paste with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Moroccan Houmous and Chicken with Water  ALLERGEN FREE: Yeast Extract (Marmite)

# Summer Term Menu 2022- Week 3



Week 3 Commencing 02.05.22, 23.05.22, 13.06.22, 04.07.22, 25.07.22, 15.08.22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk	Multi-Grain Hoops with Milk  ALLERGEN FREE: Oat Milk
Morning Snack	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk	Apples or Pears with Milk or Water  ALLERGEN FREE: Oat Milk
Lunch	Five Bean Sweet Chilli with Pitta Bread  Five Bean Sweet Chilli with Pitta Bread  ALLERGEN FREE: Five Bean Sweet Chilli with Rice	Slow Cooked Lamb and Vegetables with Mashed Potato  Clow Cooked Vegetables and Beans with Mashed Potato  ALLERGEN FREE: Slow Cooked Lamb with Vegetables OR Slow Cooked Vegetables and Beans with Mashed Potato	Sweet and Sour Chicken with Rice  Sweet and Sour Chicken Style-Strips with Rice  ALLERGEN FREE: Sweet and Sour Chicken OR Sweet and Sour Vegetables with Rice	Chicken Goujons with Spaghetti and Potato Wedges  Vegetable Nuggets with Spaghetti and Potato Wedges  ALLERGEN FREE: Chicken Goujons OR Vegan Burger with Spaghetti and Mashed Potato	Tuna Pasta Bake  Quorn Pasta Bake  ALLERGEN FREE: Chicken Pasta Bake OR Mixed Bean Pasta Bake
Dessert	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt	Bananas	Fromage Frais  ALLERGEN FREE: Free from Yoghurt
Afternoon Snack	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Melon or Satsumas with Milk or Water  ALLERGEN FREE: Oat Milk	Satsumas or Bananas with Milk or Water  ALLERGEN FREE: Oat Milk
Evening Snack	Wholemeal Sandwiches with Moroccan Houmous and Chicken with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Salmon Paste with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Red Pepper Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Houmous and Cheese Spread with Water  ALLERGEN FREE: Yeast Extract (Marmite)	Wholemeal Sandwiches with Houmous and Ham with Water  ALLERGEN FREE: Yeast Extract (Marmite)